

AM & PM Snack September 2021



WG – Whole Grain WW – Whole Wheat MG – Multi Grain

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|--|---|
| <p>Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p> | | | <p>1 (WG) Cereal Mix Apple Sauce Juice & Water</p> | <p>2 (WG) Goldfish Crackers Banana Juice & Water</p> | <p>3 4 Vanilla Yogurt Peach Slices Juice & Water</p> | <p>4 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p> |
| <p>5 Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p> | <p>6 School Closed Labor Day</p> | <p>7 Graham Crackers Orange Slices Juice & Water</p> | <p>8 (WG) Mini Bagels With Cream Cheese Banana Juice & Water</p> | <p>9 (WG) Soft Pretzels Sticks Apple Sauce Juice & Water</p> | <p>10 (WG) Saltine Crackers String Cheese Oranges Slices Juice & Water</p> | <p>11 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p> |
| <p>12 Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p> | <p>13 Ritz Crackers & Cheese Apple Slices Juice & Water</p> | <p>14 Oatmeal Cookies Orange Slices Juice & Water</p> | <p>15 (WG) Cereal Mix Apple Sauce Juice & Water</p> | <p>16 (WG) Goldfish Crackers Banana Juice & Water</p> | <p>17 Vanilla Yogurt Peach Slices Juice & Water</p> | <p>18 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p> |
| <p>19 Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p> | <p>20 Animal Crackers Apple Slices Juice & Water</p> | <p>21 Graham Crackers Orange Slices Juice & Water</p> | <p>22 (WG) Mini Bagels With Cream Cheese Banana Juice & Water</p> | <p>23 (WG) Soft Pretzels Sticks Apple Sauce Juice & Water</p> | <p>24 (WG) Saltine Crackers String Cheese Oranges Slices Juice & Water</p> | <p>25 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p> |
| <p>26 Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p> | <p>27 Ritz Crackers & Cheese Apple Slices Juice & Water</p> | <p>28 Oatmeal Cookies Orange Slices Juice & Water</p> | <p>29 (WG) Cereal Mix Apple Sauce Juice & Water</p> | <p>30 (WG) Goldfish Crackers Banana Juice & Water</p> | | <p>Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p> |